



## Unwell children

We have educators and children within the centre showing signs of cold and flu illnesses, therefore I would like to remind and inform parents/guardians that to prevent these illnesses spreading we will be enforcing Wyndarra polices and ask for your support in ensure your child is fit enough to attend the centre.

### **A general rule of thumb is:**

- If your child has a returning temperature, they should see a doctor and remain at home.
- If you feel your child is sick enough to see a doctor, then they are too sick to be brought into child care.
- Your child should remain at home for at least 24hr if they have been prescribed antibiotics to allow the antibiotics to work in their system and improve the way they feel.
- If your child has increased their daily naps and are showing signs of not coping, very sooky, clingy, terrible cough or thick green runny nose. Then they need to stay at home.

### **Administering medication at the centre.**

To ensure best practice and care for your child, Educators are required to follow the administration guidelines communicated by the doctor and pharmacists. These are:

Three times daily is eight hourly – for example at 7am, 3pm, and 11pm.

Twice daily might be 7am and 7pm.

Medication is trying to do is maintain a steady level of the drug in the bloodstream.

Doctors writing prescriptions advise the pharmacist, using notations such as bd, for twice daily; or tds – three times daily. Qds is, four times daily.

The pharmacist then generates a label translating that instruction into twice daily, three times daily and so on. The only correct way to follow this is to **divide the 24 hours of the day** and calculate the correct times to take the medicine:

Wyndarra educators will continue to work reducing the spread of infection through hand washing and informing parents to collect their child if unwell.

If a child becomes unwell whilst in care our educators will phone parents and complete an illness sheet to begin recording your child's symptoms.

If these symptoms continue we will attach this information sheet to a doctors clearance form to be sighted and stamped by your doctor, at this stage parents **MUST** get a clearance form for the child to return back to care.

If your child returns to care with a clearance however they are showing no signs of improvement Wyndarra educators reserve the right to begin this documentation process for the doctor again.

We understand families are often under a lot of pressure from work at taking sick days can cause additional stress, however bringing an unwell child into childcare will spread their illness to other children and educators and will not allow your child to have the rest they required to feel better.

Thank you for your co-operation.

Wyndarra management